

District Nurse Contacts

Eastwood Locality

Eastwood Weekend	0141 451 0550
Carolside Medical Centre	0141 451 0820
Clarkston Medical Centre (Dr Castle)	0141 451 0808
Clarkston Medical Centre (Dr Tait)	0141 451 0809
Macleans Practices (Eaglesham and Muirend) and Sheddens Medical Centres	0141 451 0812
Broomburn and Elmwood Medical Centres	0141 451 0822
Williamwood Medical Centre	0141 451 0824
Mearns Medical Centre	0141 451 0818
Eastwoodmains Medical Centre	0141 451 0811

Barrhead Locality

All Barrhead and Neilston practices	0141 800 7156
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For any general enquiries about HSCP services please call the Single Point Of Access (SPOA) number on **0141 451 0866**

www.eastrenfrewshire.gov.uk/spoa

This document can be explained to you in other languages and can be provided in alternative formats such as large print and Braille. For further information please contact Customer First on **0141 577 3001** or email: customerservices@eastrenfrewshire.gov.uk



District Nursing

What do we do?



The Role of the District Nurse

The aim of the District Nurse is to provide an accessible high quality nursing service to adults in the community by working in partnership with service users, care providers and other agencies.

The District Nurse is often the first point of contact when patients require access to a wide range of services.

Where are we based?

District Nurses are linked to GP Practices as part of Primary Health Care Teams. There are two geographical cluster areas in East Renfrewshire based around GP practices. Details of these are on the back page.

The District Nurse works closely with social work and care providers within each of the Clusters, including:

- Physiotherapist,
- Occupational Therapist,
- Dieticians,
- Advanced Nurse Practitioners and
- Rehabilitation Teams.

What do we do?

We aim to deliver safe, effective and person centred care which achieves the best clinical outcomes for you.

We undertake care management, clinical interventions and health education/promotion to promote and maintain independent living,

Tasks include:

- Wound management
- Bowel and bladder care
- Palliative and end of life care
- Nurse led clinic: leg ulcer assessment and management plan
- Prescribe, where appropriate, and administer medications and treatment
- Involvement in the rehabilitation of patients following surgery, disability, accident or illness
- Nursing and management of patients with long term conditions