

EAST RENFREWSHIRE COUNCILCABINETTHURSDAY 19 JUNE 2025Report by Director of EducationEAST RENFREWSHIRE COUNCIL SPORT AND PHYSICAL ACTIVITY YEAR 2
PROGRESS REPORT**PURPOSE OF REPORT**

1. The purpose of this report is to update Cabinet of progress made in year 2 of the Sport and Physical Activity Strategy.

RECOMMENDATION

2. Cabinet is asked to scrutinise and comment on the Year 2 Progress Report on East Renfrewshire Council Sport and Physical Activity Strategy 2023-2028 (Appendix 1).

BACKGROUND

3. In August 2023 Cabinet approved the [East Renfrewshire Sport and Physical Activity Strategy 2023-2028](#).
4. The East Renfrewshire Sport and Physical Activity Strategy 2023-28 is aligned with and has continued to support the East Renfrewshire Outcome Delivery Plan, Community Plan and Fairer EastRen Plan and associated outcomes.
5. East Renfrewshire Council's A Place to Grow is the Community Planning Partnership's new vision, setting out the shared hopes and aspirations between now and 2040 so that East Renfrewshire is a place where everyone can flourish, thrive and grow. It is built on three pillars that will be the foundation for all our strategic planning going forward. The Sports and Physical Activity Strategy will contribute to the advancement of the three pillars:
 - our children and young people flourish;
 - our communities and places thrive; and,
 - we all live well.
6. The over-arching benefit of the Sport and Physical Activity Strategy is for more of our residents being more active more often.
7. On an annual basis a performance report is provided to East Renfrewshire Culture and Leisure Board and to Cabinet.

REPORT

8. This report sets out a high level summary of the progress in year 2 of the strategy.

9. The strategy reflects the 6 Active Scotland Outcomes and how they are applied at a local level:

- we encourage and enable the inactive to be active;
- we encourage and enable the active to be more active;
- we develop physical confidence and competence from the earliest age;
- we improve our active infrastructure, people and places;
- we support wellbeing and resilience in communities through physical activity and sport; and,
- we improve opportunities to participate, progress and achieve in sport.

10. Whilst nationally this strategy has subsequently been replaced with the new National Scotland Sport and Physical Strategy, the outcomes remain appropriate and relevant.

11. The report provides performance information relating to these 6 outcomes and key achievements include:

- 68% of schools have achieved the Gold Schools of Sport Award, which is a 55% increase from 23/24;
- there has been a significant increase in the number of people participating in outdoor physical activity and holiday programmes with 3,950 more participants in session 24/25 compared to 23/24;
- community based interventions to support the NHS have seen a further increase with the number of interventions exceeding the agreed target;
- there continues to be growth in the ERCL club accredited scheme with a 4% increase in the Community Sport Hub clubs going through the accreditation scheme;
- the number of engaged volunteers in active schools and community sports has increased to 356 which is a 120 increase from 23/24. This has led to increased participation, officiating, volunteering and performance; and,
- 24 participants have taken part in ERCL Sports Leadership Academy which has included an SQA Leadership Award and a partnership with Work ER.

12. Areas where further improvement work is required include:

- whilst there is an increase in participants taking part in the Aging Well Programme from the baseline, activity has reduced from 450 participants in 23/24 to 410 in 24/25. This is due to Live Active patients being more intensively supported leading to independent physical activity earlier;
- further links will be made with early learning and childcare provisions and primary schools in order to provide training and development to staff and continue to foster strong partnerships; and,
- the percentage of East Renfrewshire population who walk as reported by the Scottish Household Survey per year has dropped from 81% in 23/24 to 73% in 24/25. It should be noted however that this is 12% above the baseline of 61% in the 2021 Scottish Household Survey. The design of places and spaces in East Renfrewshire to encourage and facilitate physical activity through approaches to neighbourhood design, opportunities for active travel and recreational walking/cycling and use of the place standard is key to the 3 pillars within A Place to Grow.

FINANCE & EFFICIENCY IMPLICATIONS

13. There are no financial implications to this Strategy. Resourcing of sports and physical activity – including savings or efficiencies - is addressed as part of the East Renfrewshire

Culture and Leisure Management Fee in relation to the Service Agreement and the agreed Change Control Procedure.

14. Capital investment decisions are aligned with the Sport Facility and Sport Pitch Strategy (2018 - 2028).

CONSULTATION

15. The East Renfrewshire Sport and Physical Activity Strategy was developed in consultation with local and national partners and stakeholders to ensure maximisation of the potential impact of sport and physical activity for the benefit, health and wellbeing of the whole community.

IMPLICATIONS OF THE STRATEGY

16. In developing this strategy an equalities, fairness and rights impact assessment (EFRIA) was carried out. The EFRIA evaluated the strategy as having: no adverse impacts; the potential to advance equality and foster good relationships; and the potential to advance children's rights.

17. A Climate Change Impact Assessment (CCIA) was completed and the strategy was found to have no relevant impacts (positive or negative).

CONCLUSION

18. This report provides a high level summary on the progress of the East Renfrewshire Sport and Physical Activity Strategy at the end of year 2. Elected members should note that the information presented here shows an overall positive and improving picture although there are areas where there is scope for further improvement in order to achieve the agreed outcomes by 2028.

RECOMMENDATION

19. Cabinet is asked to scrutinise and comment on the Year 2 Progress Report on East Renfrewshire Council Sport and Physical Activity Strategy 2023-2028.

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Director of Education
19 June 2025

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Appendix

1. ERCL - Year End Summary Report 2024/2025

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Sport & Physical Activity Strategy

Year 2 progress report 24/25

East Renfrewshire Culture & Leisure Trust

East Renfrewshire Culture & Leisure Limited

Balanced Scorecard

East Renfrewshire Culture & Leisure Sport Strategy

Progress Report - Key Performance Indicators

Annual - 24/25

Improvement from previous progress report ▲
 No movement from previous progress report -
 Decline from previous progress report ▼

1. Enable the Inactive to be active

Ageing Well Programme



Support Children & young people



For your entertainment



2. Encourage and enable the active to be more active

Gold Schools of Sport



Community Sports Hubs



Active Schools - Girls Participation



3. We develop physical confidence and competence from the earliest age

Training & Development - early years & primary staff



Achievement of developmental milestones



Strong Partnerships with early years facilities



4. We improve our active infrastructure people and places

Support ERC development of spaces and places



ERCL Sports Leadership Academy



Capital Investments Support



5. Support wellbeing and resilience in communities through physical activity and sport

Support NHS by providing community based intervention



Outdoors physical activity & holiday programmes



Support ER locality plans



6. We improve opportunities to participate, progress and achieve in sport

Sport & physical activity forum



ERCL club accreditation scheme



Progressive pathways & volunteering



Key Performance Indicators (KPIs) rag status is set according to tolerance levels, with arrow indicators used to denote changes from the 2023/2024 report.

East Renfrewshire Culture & Leisure Limited

Balanced Scorecard

Metrics

1. Enable the Inactive to be active		Actual	Baseline	Variance
Ageing Well Programme	#	410	401	9
Support Children & young people	%	10%	9%	1%
For your entertainment	#	82	83	-1

2. Encourage and enable the active to be more active		Actual	Baseline	Variance
Gold Schools of Sport	%	68%	13%	55%
Community Sports Hubs	%	53%	48%	5%
Active Schools - Girls Participation	%	47%	48%	-1%

3. We develop physical confidence and competence from the earliest age		Actual	Baseline	Variance
Training & Development - early years & primary staff	#	17	7	10
Achievement of developmental milestones	%	91%	93%	-3%
Strong Partnerships with early years facilities	#	28	32	-4

4. We improve our active infrastructure people and places		Actual	Baseline	Variance
Support ERC development of spaces and places	%	73%	65%	8%
ERCL Sports Leadership Academy	#	24	18	6
Capital Investments Support	SMT		Ongoing	

5. Support wellbeing and resilience in communities through physical activity and sport		Actual	Baseline	Variance
Support NHS by providing community based intervention	%	105%	65%	40%
Outdoors physical activity & holiday programmes	#	6370	2,974	3,396
Support ER locality plans - Support a Place 2 Grow ERC	SMT		Featured in P2G - ERC	


6. We improve opportunities to participate, progress and achieve in sport		Actual	Baseline	Variance
Sport & physical activity forum	#	Internal working group		
ERCL club accreditation scheme	%	67%	48%	19%
Progressive pathways & volunteering	#	356	411	-55

Metrics are based on the planned baseline, with the exception of 2.1 Gold Schools of Sport, which is compared to the prior year (2023/2024) due to the absence of a previously agreed baseline. For KPIs without a defined quantitative reporting metric, the Senior Management Team will provide a qualitative verbal update to ensure ongoing oversight and strategic alignment

East Renfrewshire Culture & Leisure Limited

Balanced Scorecard

Tolerances

1. Enable the Inactive to be active 				
Ageing Well Programme <i>- The number of supervised Live Active gym attendances per annum</i>	#	<95%	>95%	>100%
Support Children & young people <i>- Increase the % of vulnerable children and young people (poverty, ASN and care experienced) accessing sport and physical activities holiday camps / activities</i>	%	<95%	>95%	>100%
For your entertainment <i>- Increase the number of children who have accessed sessions via the For Your Entertainment programme per academic year</i>	#	<95%	>95%	>100%
2. Encourage and enable the active to be more active 				
Gold Schools of Sport <i>- % of Primary and Secondary Schools who are gold registered at the end of each academic year</i>	%	<95%	>95%	>100%
Community Sports Hubs <i>- % of East Renfrewshire Sports Clubs who are members of a Community Sport Hub annually</i>	%	<95%	>95%	>100%
Active Schools - Girls Participation <i>- % of female pupils participating in the Active Schools programme per academic year</i>	%	<95%	>95%	>100%
3. We develop physical confidence and competence from the earliest age 				
Training & Development - early years & primary sta <i>- The number of early years staff receiving CLPL training opportunities from ERCL per academic year</i>	#	<95%	>95%	>100%
Achievement of developmental milestones <i>- % of Primary pupils reaching their physical literacy developmental milestones per academic year</i>	%	<95%	>95%	>100%
Strong Partnerships with early years facilities <i>- Number of delivered sport and physical activity opportunities to ERC early year establishments per academic year</i>	#	<95%	>95%	>100%
4. We improve our active infrastructure people and places 				
Support ERC development of spaces and places <i>- % of East Renfrewshire population who walk as reported by the Scottish Household survey per year</i>	%	<95%	>95%	>100%
ERCL Sports Leadership Academy <i>- Number of senior pupils who participate in the Senior Leadership Academy per academic year</i>	#	<95%	>95%	>100%
Capital Investments Support <i>- The delivery of a new Eastwood Park Leisure and the redevelopment of Neilston Leisure Centre by 2028</i>	SMT	Ongoing		
5.Support wellbeing and resilience in communities through physical activity and sport 				
Support NHS by providing community based interventio <i>- % of Live Active baseline appointment target met annually - Target 336</i>	%	<95%	>95%	>100%
Outdoors physical activity & holiday programmes <i>- The number of children and young people participating in ERCL outdoor programmes and events per annum</i>	#	<95%	>95%	>100%
Support ER locality plans <i>- Inclusion of sport and physical activity within the planning and delivery of all Locality Plans</i>	?	Ongoing		
6.We improve opportunities to participate, progress and achieve in sport 				
Sport & physical activity forum <i>- East Renfrewshire Sport and Physical Activity Forum up and running by 2024 (two meetings per</i>	#	<95%	>95%	>100%
ERCL club accreditation scheme <i>- % of Community Sport Hub clubs that have gone through the ERCL Club Accreditation scheme annually</i>	%	<95%	>95%	>100%
Progressive pathways & volunteering <i>- Number of engaged volunteers in Active Schools and Community Sports per academic year</i>	#	<95%	>95%	>100%

East Renfrewshire Culture & Leisure Limited

Balanced Scorecard

Performance Against Prior Year

Performance		23/24	24/25	Var.
1. Enable the Inactive to be active				
Ageing Well Programme	#	450	410	-40
Support Children & young people	%	11%	10%	-1%
For your entertainment	#	84	82	-2
2. Encourage and enable the active to be more active				
Gold Schools of Sport	%	13%	68%	55%
Community Sports Hubs	%	50%	53%	3%
Active Schools - Girls Participation	%	47%	47%	0%
3. We develop physical confidence and competence from the earliest age				
Training & Development - early years & primary staff	#	38	17	-21
Achievement of developmental milestones	%	90.50%	91%	0.5%
Strong Partnerships with early years facilities	#	63	28	-35
4. We improve our active infrastructure people and places				
Support ERC development of spaces and places	%	81%	73%	-8%
ERCL Sports Leadership Academy	#	24	24	0
Capital Investments Support	SMT	Ongoing		
5. Support wellbeing and resilience in communities through physical activity and sport				
Support NHS by providing community based intervention	%	100%	105%	5%
Outdoors physical activity & holiday programmes	#	2420	6370	3,950
Support ER locality plans	SMT	Featured in P2G - ERC		
6. We improve opportunities to participate, progress and achieve in sport				
Sport & physical activity forum	SMT	Internal working group		
ERCL club accreditation scheme	%	63%	67%	4%
Progressive pathways & volunteering	#	236	356	120

Performance Outcomes

Outcome 1

Demand for physical activity support from older adults with a range of medical conditions continues to increase in line with the growing elderly population in East Renfrewshire.

However, there has been a reduction in the number of participants in the Aging Well programme from last year. This is due to Live Active patients being more intensively supported and therefore reaching independent physical activity earlier.

The For your entertainment (FYE) programme provides free at the point of access opportunities to culture and sport. Access demand for a range of sport and physical activity opportunities for vulnerable, care experienced and children from low income households continues and we will work with HSCP to support. However, due to changes in the HSCP Supporting People Framework, the number eligible for this has decreased.

Outcome 2

Active Schools have supported East Renfrewshire schools in putting activities in place for the National School Sport Award.

East Renfrewshire schools have a higher percentage rate of award than any other authority area in Scotland and in some clusters all the primary schools and the secondary school have been awarded Gold status.

The national figure for Active Schools - Girls Participation in other authorities is 46%.

Although in East Renfrewshire we are higher than the national average we see this is a key area for growth and as such will we continue to focus on increasing girl's participation in sports and physical activity.

Outcome 3

We are working in partnership with schools to provide a range of curricular and extracurricular activities that will help pupils develop fundamental sport and physical activity skills.

Training development and partnerships have decreased from 23/24. This is due to reduced staff capacity. However, we expect to see this improve in 25/26 now capacity issues are resolved.

Achievement of developmental milestones has improved slightly by 0.5% from 23/24, an area of focus looking ahead.

East Renfrewshire Culture & Leisure Limited

Balanced Scorecard

Outcome 4

The latest results from the Scottish Household Survey are from 2023. This provides data on the National Average for households who are walking, which is currently 71%.

The current figure for East Renfrewshire is 73%.

This is a reduction from 23/24, however, we will look to improve this figure now staff capacity issues are resolved.

Advancements in the Sports Leadership Academy include an SQA Leadership Award for all participant pupils and a partnership with Work ER to provide all participants with support for gaining a positive destination.

Outcome 5

The significant increase in outdoors physical activity and holiday programmes is driven by partnership with East Renfrewshire Soccer Development Association (ERSDA) and opening and programming at Cowan Park Tennis courts.

Exercise on Prescription has exceeded its targets and demand is increasing for specific support for people with medical conditions.

Outcome 6

An internal working group is monitoring the delivery of Sport & Physical Activity Strategy targets and activities.

Safeguarding training and support for staff, partners and local clubs is at the forefront of delivery and a high percentage of those involved in the delivery of sport in East Renfrewshire are trained in child and vulnerable adult protection.

The number of engaged volunteers in Active Schools and Community Sports is very high in East Renfrewshire and has increased. This current measure only includes engagement from August 24 to end of March 25.

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