



Meeting of East Renfrewshire Health and Social Care Partnership	Integration Joint Board
Held on	18 March 2020
Agenda Item	11
Title	Carers Strategy Implementation & Development Plan 2020-2021
<p>Summary:</p> <p>The Carers (Scotland) Act 2016 came into effect on 1st April 2018. The purpose of this report is to provide an update for the Integration Joint Board (IJB), an update on progress with the implementation and development of the key principles of the Carers Strategy within East Renfrewshire.</p>	
Presented by	Irené Brown, Carers Lead
<p>Action Required</p> <p>The Integration Joint Board is asked to note the content of this report and the progress made in the implementation and ongoing development of the key principles of the Carers Strategy.</p>	
<p>Implications checklist – check box if applicable and include detail in report</p> <p> <input checked="" type="checkbox"/> Finance <input type="checkbox"/> Policy <input type="checkbox"/> Legal <input type="checkbox"/> Equalities <input type="checkbox"/> Risk <input type="checkbox"/> Staffing <input type="checkbox"/> Directions <input type="checkbox"/> Infrastructure </p>	

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EAST RENFREWSHIRE INTEGRATION JOINT BOARD

18 MARCH 2020

Report by Irené Brown, Carers Lead

CARERS STRATEGY KEY PRINCIPLES – IMPLEMENTATION & DEVELOPMENT PLAN 2020-2021

PURPOSE OF REPORT

1. The purpose of this report is to provide the Integration Joint Board (IJB) with an update on progress of the implementation and development of the key principles of the Carers Strategy.

RECOMMENDATION

2. The IJB is asked to note the content of the report and the progress made in the implementation and ongoing development of the key principles of the Carers Strategy.

BACKGROUND

3. The Carers (Scotland) Act 2016 (the Act) and the Children & Young People (Scotland) Act 2014 placed new duties on local authorities and health services by enhancing and extending the rights of carers of all ages to support, with a focus on prevention.
4. The Integration Scheme for East Renfrewshire Integration Board was amended in February 2018 to reflect the introduction of the Carers (Scotland) Act 2016 prior to the Act commencing on 1st April 2018
5. The overall aim of the Carers Act is for carers to be supported to continue to care, for as long as they choose, with improved physical and emotional wellbeing and a life alongside caring.
6. Key responsibilities for East Renfrewshire under the Act include:
 - To develop and offer an Adult Carer Support Plan to any person who is identified as a carer and to provide carers with information and advice services.
 - To set out and publish local eligibility framework to help determine the level of support to provide to carers.
 - To provide support to carers, including short breaks and publish a short breaks services statement.
 - To involve carers in the planning of services, and before a cared-for person is discharged from hospital, involve any carer of that person in the discharge.
 - To develop a local carers' strategy.
7. Carer involvement in the designing and implementation of all carer related services is a key principle of the Act. In 2017 East Renfrewshire Voluntary Action (VAER) and East Renfrewshire Carers Centre were commissioned to work with East Renfrewshire HSCP to co-produce and to co-design our approach to supporting carers. The Care Collective became the recognised identity across East Renfrewshire for engaging and designing these approaches, now included in our strategy for carers.

REPORT

Introduction

8. East Renfrewshire HSCP Plan Priority 7 is , '**People who care for someone are able to exercise choice and control in relation to their caring activities**'. From our work with stakeholders we have agreed **4 strategic carer outcomes** that are fully in line with the Carers (Scotland) Act 2016, the National Health and Wellbeing Outcomes and East Renfrewshire HSCPs Strategic Plan.
- Carers are identified, valued and involved
 - Carers have choice, control and a life alongside caring
 - Carers are living full lives and able to support their health and wellbeing
 - Caring is a positive experience

Outcome: Carers are identified, valued and involved.

9. Our Care Collective engagement activity 2020 to 2021 will build on initiatives such as Carers Act National Marketing Campaign, Carers' Week and Carers' Rights Day. Through the Care Collective we will continue raising awareness of carers, reducing any stigma associated with support for caring, and encouraging people to participate in shaping support for carers.
10. Further activity will include:
- Delivering Carers Act awareness sessions to all HSCP staff & partner agencies by July 2020.
 - Ensuring that carers, staff and partners are aware of ERCarers as the main provider of advice, information and support for carers and are able to refer and signpost appropriately to them alongside Talking Points and other relevant third sector partners including Voluntary Action East Renfrewshire (VAER), Recovery Across Mental Health (RAMH) and Alzheimer Scotland. Ongoing March 2020 to March 2021.
 - Reviewing and updating web and digital information including linking to validated external advice and information web sites. A Digital Support Worker post will be advertised by ERCarers in March 2020.
 - Reaching out to groups that can help us identify carers currently under represented to reflect the diversity of East Renfrewshire's population by May 2020.
11. There has been a significant rise in young carers being identified from 2018 to 2020. Since January 2019, a Young Carers Education Worker, funded by the HSCP and employed by ER Carers Centre, has worked across all seven secondary schools in East Renfrewshire with pupils, teachers and any other relevant staff to raise awareness of The Act, Young Carers rights, the Young Carer Grant, the Young Scot Young Carers Package and other support available.

Young Carers	Primary	Secondary	Total
Census 2018 (Sept)	9	19	28
Census 2019 (Sept)	18	43	61
Today (24/02/2020)	24	62	86

12. Examples of awareness raising include delivering PSHE lessons and speaking at assemblies, hosting pupil lunchtime and parents night stalls. Organising Young Carers Day event at St Lukes. Similar young carer awareness input has been provided in eight primary schools within East Renfrewshire. This post is funded for 18 months and is due to end in July 2020.

Outcome: Caring is a positive experience

13. Talking Points continue to identify carers, through having 'Good Conversations'. At Talking Points, carers can drop-in to speak with someone from ERCarers, get the advice and information they want, find out what's available locally and be offered the opportunity to complete an Adult Carer Support Plan (ACSP). Of the people who attended Talking Points and identified themselves as carers, 98% reported their quality of life needs were fully met. Other relevant third sector organisations including VAER, RAMH, Alzheimer Scotland continue to support adult carers to access self-help and **community based solutions**.
14. Each health board must involve the carer before a cared-for person (the patient) is discharged from hospital. A **Universal Caring Pathway** is in place across all hospital services to identify, involve and support people with a caring role. Support for carers in NHS Greater Glasgow and Clyde is delivered via a partnership between HSCP, Local Government and voluntary sector organisations. They offer services which include: information and advice; emotional support; money advice; access to education, training and employment support; and, access to short breaks from providing care. (See Appendix 1)
15. Getting the right balance also means developing a consistent and clear prioritisation framework so carers are getting the right level of support at the right time. The HSCP undertook a consultation exercise on eligibility for supporting carers and an **eligibility framework** has been established. This was agreed previously by the Integration Joint Board in April 2018.
16. The ER **Adult Carer Support Plan** (ACSP) has been developed in collaboration with partners. ERCarers staff have been trained in outcome focussed asset based planning and Good Conversations. They have completed 56 ACSPs with carers since January 2019. Of these, using ER eligibility framework, 14 carers were identified as having a substantial or critical need for support and referred onto the HSCP. The ACSP paperwork, processes and pathways will be reviewed by HSCP and other relevant stakeholders during 2020.
17. The Care Collective found there were challenges identified that specifically related to the **Young Carer Statement** (YCS).

"The idea and purpose of a statement was difficult to explain and some young carers identified that this was not something they asked for"
18. This was overcome by showing examples of how young carers' needs may be met in a way unrelated to statutory services, for example, having time to complete homework, or have a lift to football and young carers knowing they have a right to decline a YCS. The Young Carers Schools Group have been piloting the Young Carers Statement App since January 2019. The Young Carers Education Worker is supporting pastoral teachers to use The Young Carers Statement App. 30 Young Carers Statements have been completed to date although as yet not all schools or pastoral teachers are familiar with the App and how to use it.

Outcome: Carers are living full lives and able to support their health and well-being.

19. We are implementing models which promote Young Carers health, wellbeing and resilience through Getting It Right for Every Child (GIRFEC) and East Renfrewshire's Children and Young Persons Plan.
20. With our community planning partners we are working to develop a range of approaches that support both carers and the people that they support to maintain their health and wellbeing. This includes many dementia friendly activities.

21. Over the past year only one referral has been received from a GP by ERCarers. GPs can now use the SCI Gateway system to refer. Across Greater Glasgow and Clyde only six referrals have been received by Carers Centres via SCI Gateway. Alongside ERCarers we will be working with our GPs and other primary care colleagues to understand why this is and develop their awareness of carer related matters ongoing throughout 2020.

Outcome: Carers have choice, control and a life alongside caring

22. ERCarers receive funding from HSCP and other sources to support carers responsively with small amounts of funding for flexible breaks without the carer. Funding from HSCP is also being used to employ a Short Breaks Development Worker to work with our local market to develop respite and short breaks options that match carers' outcomes. This post will be advertised by ERCarers in March 2020.
23. A draft **Short Breaks Services Statement** will be shared with key stakeholder groups after which will be taken for approval to the next meeting of the Carers Act Implementation Group (CAIG). The statement will encourage creative approaches that get it right for both the carer and the person for whom they care. Once agreed and approved this statement will be reviewed annually and as required.
24. The Carers Lead is in the process of identifying a tool for meaningful qualitative evaluation for carers' outcomes. This will help us over the coming year to know if we're making the difference carers in East Renfrewshire want and need.

CONSULTATION AND PARTNERSHIP WORKING

25. Details of the Care Collective and Carers Act Implementation Group are outlined in the report.

IMPLICATIONS OF THE PROPOSALS

Finance

26. The 2019/20 spend on respite and carers costs is £925k in total. This includes the costs of the carers lead post and funding to the carers centre as well as the costs of providing respite care which includes carers assessments and individual care packages where respite is one element of care.

Directions

27. No directions are being issued as a result of this paper.

CONCLUSIONS

28. This report contains details of the progress in local implementation of the Carers Act and further activity planned for 2020-21.

RECOMMENDATIONS

29. The Integration Joint Board is asked to note the content of this report and the progress made in the implementation and ongoing development of the key principles of the Carers Strategy.

REPORT AUTHOR AND PERSON TO CONTACT

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February 2020

Chief Officer, IJB: Julie Murray

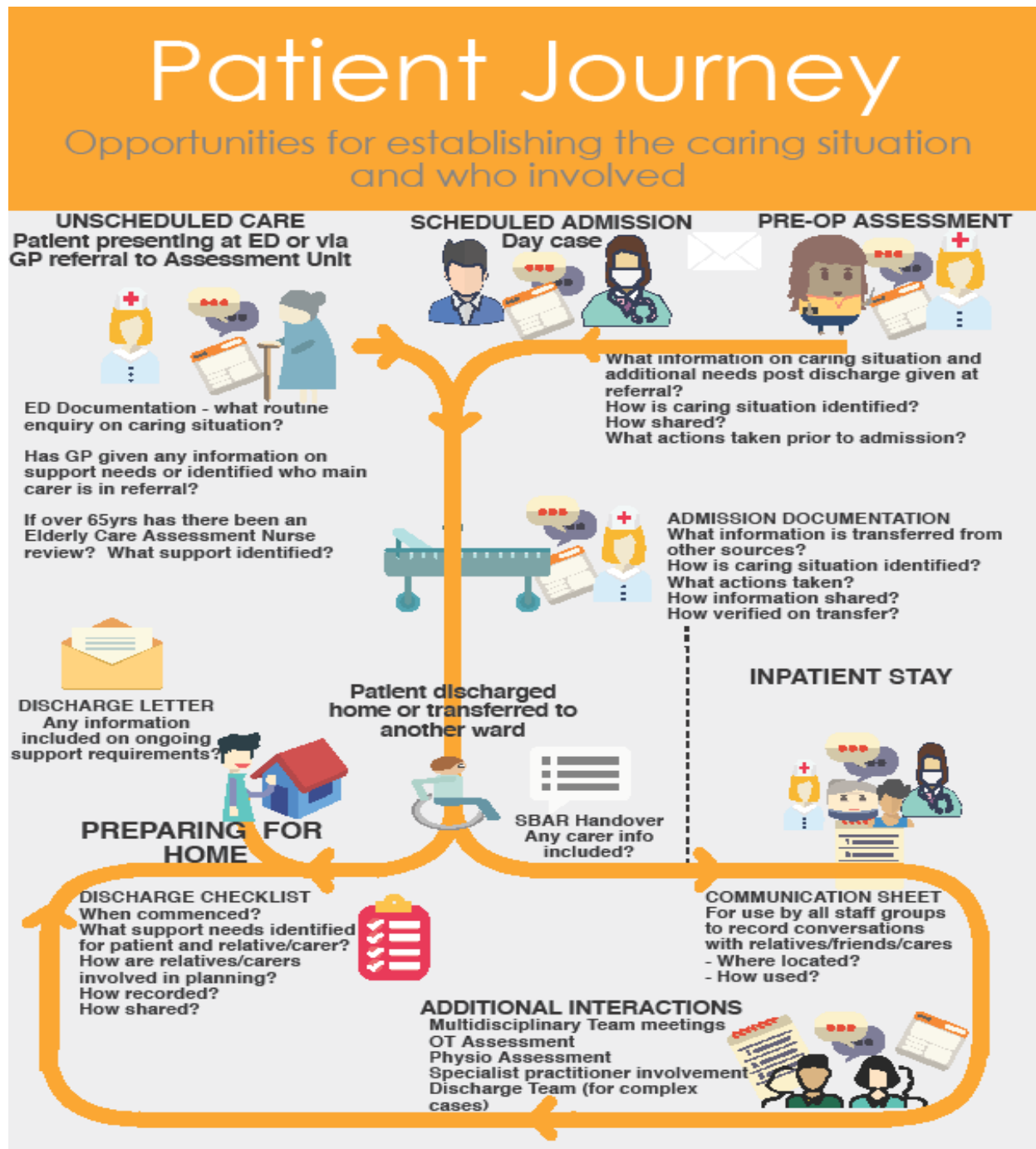
BACKGROUND PAPERS

Carers (Scotland) Act 2016. 2020. Carers (Scotland) Act 2016. [ONLINE] Available at:
<http://www.legislation.gov.uk/asp/2016/9/contents/enacted>.

IJB Paper 2018 - 4 April 2018: Implementation of the Carers (Scotland) Act 2016
<http://www.eastrenfrewshire.gov.uk/CHttpHandler.ashx?id=22102&p=0>

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Appendix 1: Universal Carer Pathway



Appendix 2 Strategy On One Page

Strategy On One Page			
<u>The Aim</u>	<u>The Key Principles</u>	<u>The Key Outcomes</u>	<u>What success would look like ...</u>
<p>People who care for someone are able to exercise choice and control in relation to their caring activities</p>	<p>Carers are identified early.</p> <p>All HSCP Staff and partner organisations are able to identify and signpost carers</p> <p>Carers are involved, valued and equal partners in planning care and support for the person they care for and planning carers services</p> <p>Carers are supported to maintain their health and wellbeing by getting the right support at the right time</p> <p>Carers have choice and control by being offered personalised support and an Adult Carers Support Plan or Young Carers Statement.</p>	<p>Carers are identified valued and involved</p> <p>Carers have choice and control over their support and a life alongside caring</p> <p>Carers are living full lives and maintaining their health and well-being</p> <p>Caring and planning support is a positive experience for carers</p>	<p>Carers are being identified earlier in their caring role</p> <p>Carers are saying they feel involved and valued when planning care and support services with Health and Social Care</p> <p>Carers are saying they're getting the right support at the right time</p> <p>Carers feel supported to have a life alongside caring and more carers can take a short break.</p> <p>Carers are saying they have a balance in their life and are able to maintain their health and wellbeing</p>