



<b>Meeting of East Renfrewshire Health and Social Care Partnership</b>	Integration Joint Board
<b>Held on</b>	23 September 2020
<b>Agenda Item</b>	13
<b>Title</b>	Family Wellbeing Service Supplementary Report: Success Criteria 1
<p><b>Summary</b></p> <p>Following the presentation of the Family Wellbeing Service Annual Report 2019-20 at the Integration Joint Board on 12 August 2020 members requested additional information.</p> <p>This supplementary report provides an overview of the data which has been gathered to date in relation to the reduction in the number of repeat presentations to GP's for young people referred to the Family Wellbeing Service with emotional distress.</p>	
<b>Presented by</b>	For information only
<p><b>Action Required</b></p> <p>Members of the Integration Joint Board are asked to note the report only.</p>	

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## East Renfrewshire Family Wellbeing Service

IJB Supplementary Report – Success Criteria 1

September 2020

### Introduction

The purpose of this supplementary report is to provide an overview of the data which has been gathered to date in relation to Success Criteria 1. Success Criteria and Impact Criteria have been identified and agreed by Children 1<sup>st</sup>, East Renfrewshire HSCP and Robertson Trust as the means of monitoring and measuring progress and impact of the service.

With Success Criteria 1 we hope to achieve at least a **50% reduction in the number of repeat presentations to GP's for young people referred to the Family Wellbeing Service with emotional distress by the end of the 2 year service.**

### Data Collection Method

Since 1 June 2019 the Family Wellbeing Service team have been collecting baseline data directly from the GP at the point of referral. The baseline data is the number of times in the past 6 months that there has been a GP consultation in relation to that child/young person's emotional wellbeing. The lowest baseline number will always be 1 as we count the consultation in which there was an agreement with the family for the referral to be made.

With the baseline data recorded, we manually collect follow up data directly from an agreed, identified person at the GP practice at 6 monthly periods. Depending on the GP practice this has been either an administrator, Practice Manager or the Lead GP.

The follow up data being collected is:

- Number of re-presentations at GP during the period 0-6 months post referral
- Number of re-presentations at GP during the period 7-12 months post referral
- Number of re-presentations at GP during the period 0-6 months post closure

### Overview of Data Collected

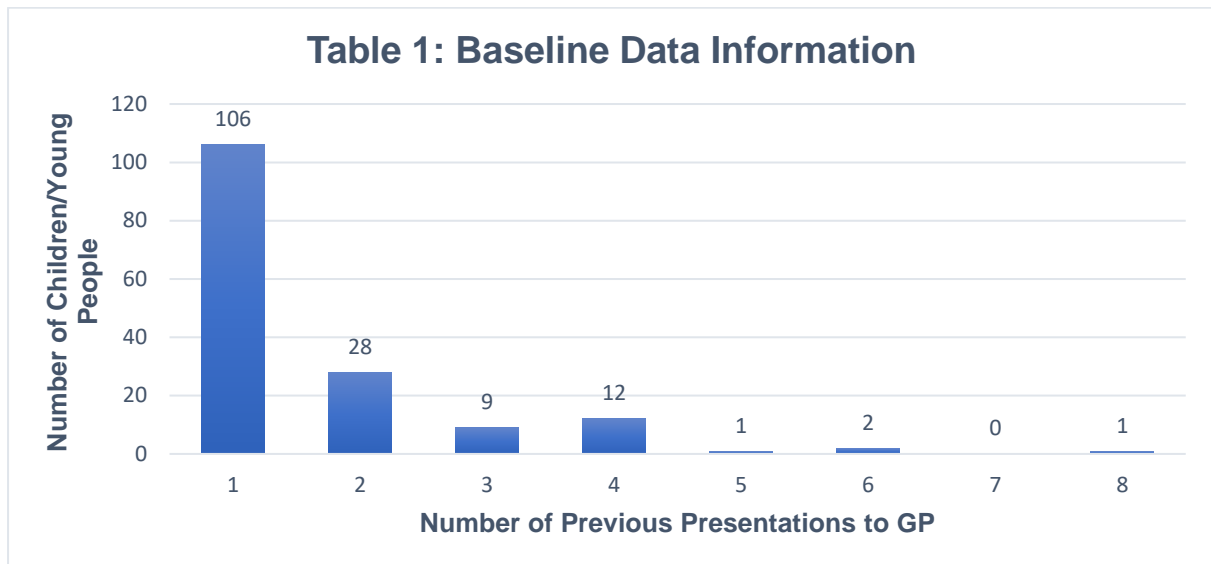
From 1 June 2019 until 31 May 2020 165 children/young people were referred to the Family Wellbeing Service by GP's. This report will provide an update on Success Criteria 1 for those children/young people.

A further 40 families have been referred to the service between 1 June 2020 and 31 August 2020. We currently don't have follow up information for them. As outlined above we will collect data from GP's on a 6 monthly basis; those newer families will be included in the next round of data collection.

Unfortunately we have not been able to gather follow up data for children/young people who have been referred by the Levern and Sheddens GP practices. Both practices have stated that at this time they do not feel they have the resources required to provide the information requested.

**Data Gathered for 1 June 2019 until 31 May 2020**

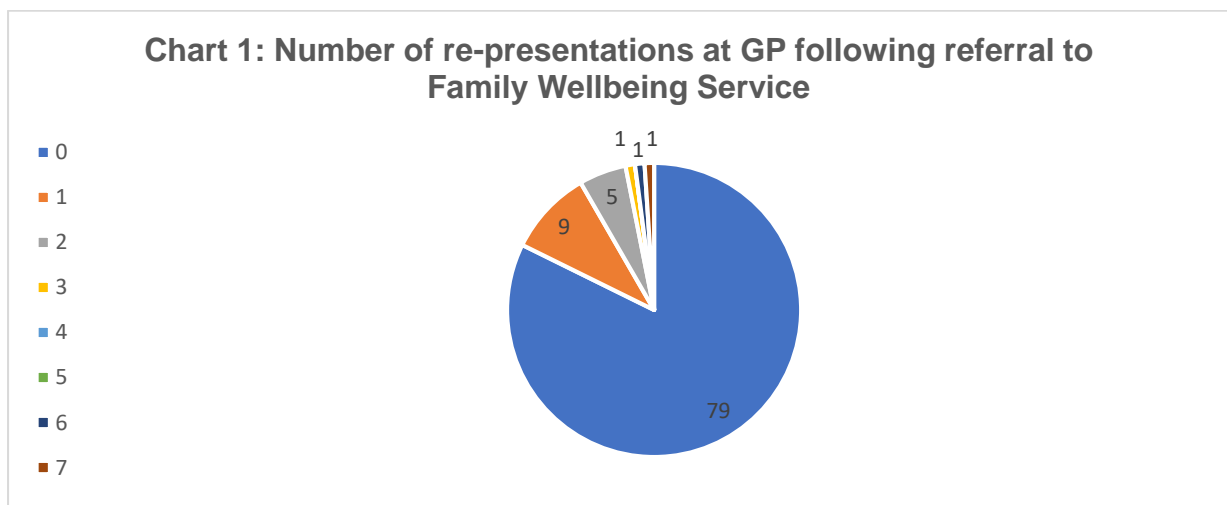
Table 1 provides an overview of the baseline data we collected for families referred during this period.



There are 6 children/young people who we currently don't have baseline data for. As outlined in the Annual Report, at the time of writing there were 9 families we had not gathered baseline data for at the point of referral. During the data collection follow up process we hope to gather this missing data. We have successfully achieved this for 3 of the 9 families. 6 remain outstanding.

The following charts provide an overview of any re-presentations which have been made to GP's following the referral being made to Family Wellbeing Service.

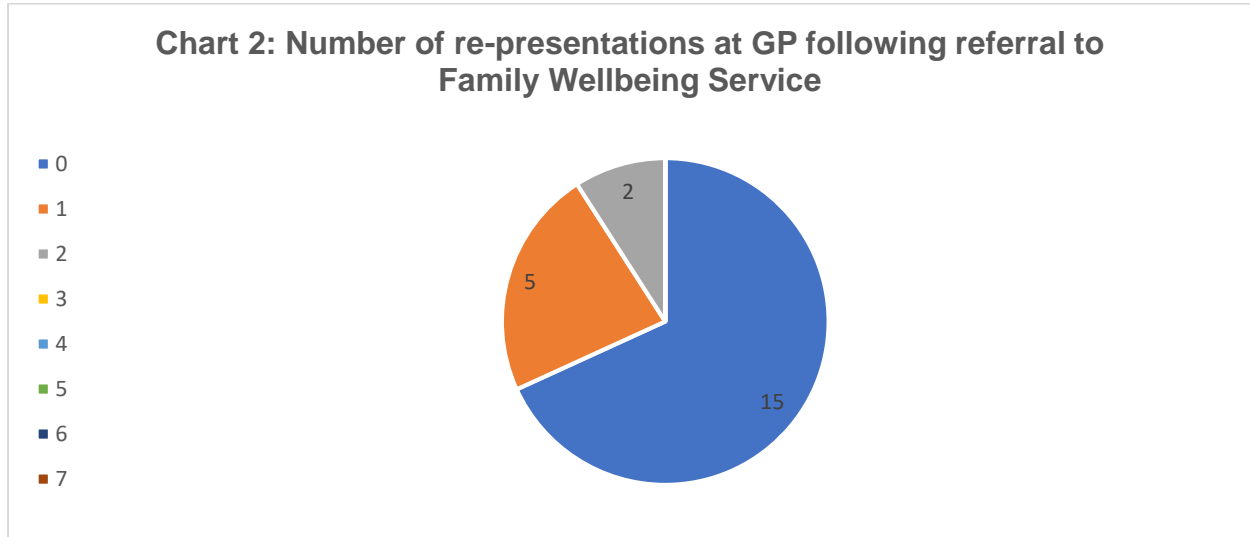
**Chart 1: Children/Young People with 1 Previous Presentation at GP at time of Referral**



There are the families within this dataset who have been referred from Lavern and Sheddens GP practices. As outlined above we don't have follow up data for 6 children/young people from Lavern and 3 from Sheddens.

There is an additional 1 child/young person where we have not been given follow up data by the practice. This is being followed up.

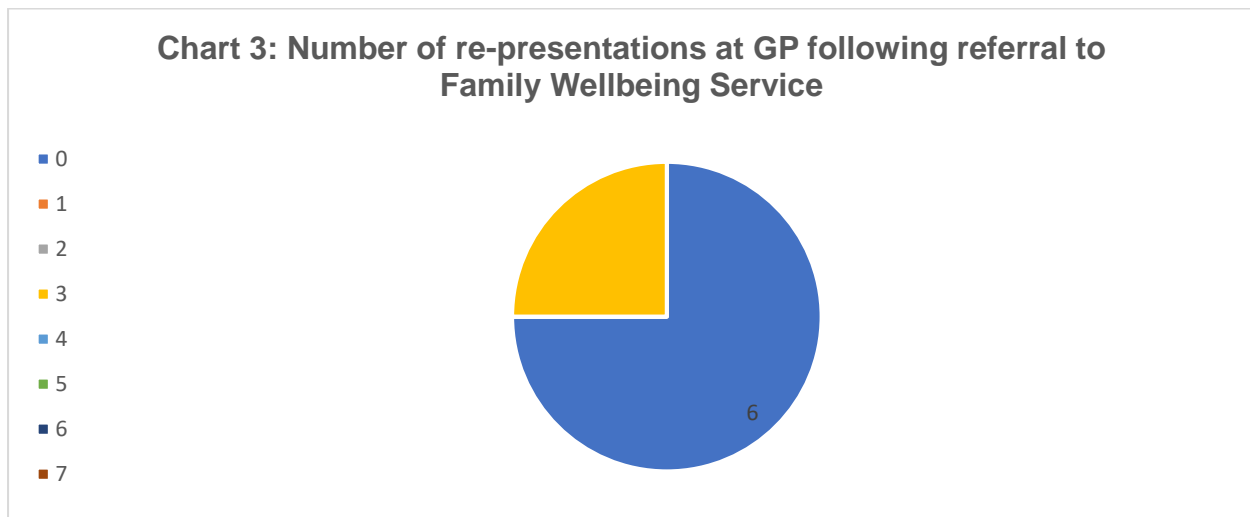
**Chart 2: Children/Young People with 2 Previous Presentations at GP at time of Referral**



There are the families within this dataset who have been referred from Lavern and Sheddens GP practices. As outlined above we don't have follow up data for 3 children/young people from Lavern and 2 from Sheddens.

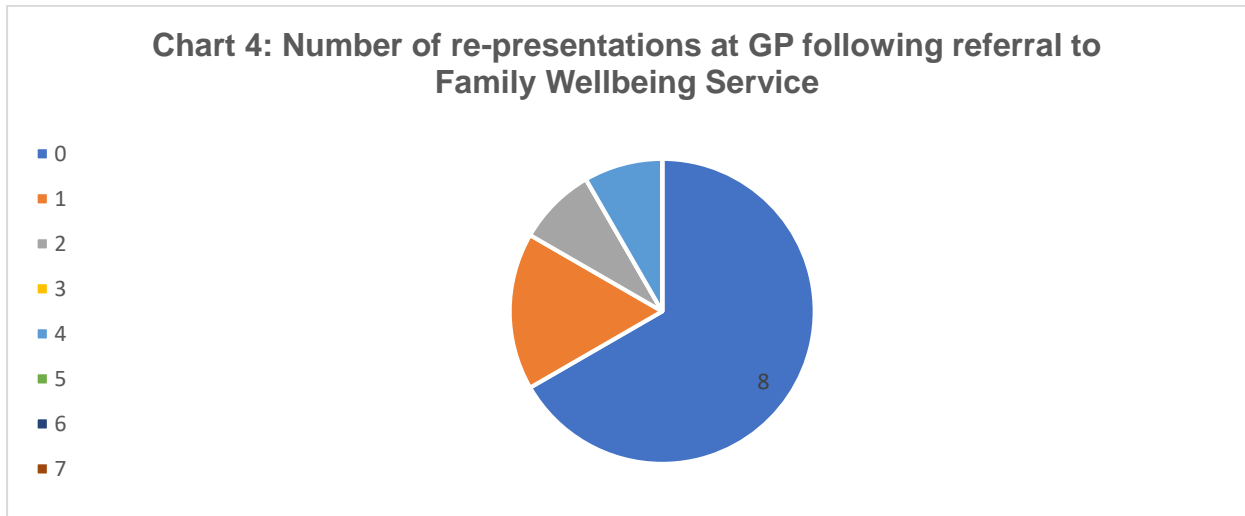
There is an additional 1 child/young person where we have not been given follow up data by the practice. This is being followed up.

**Chart 3: Children/Young People with 3 Previous Presentations at GP at time of Referral**



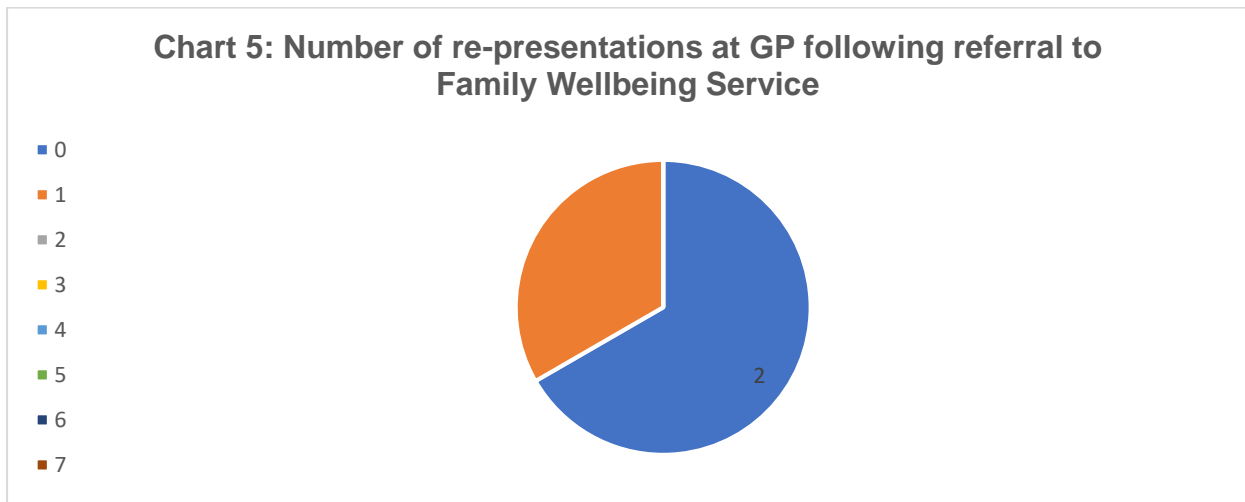
There is an additional 1 child/young person where we have not been given follow up data by the practice. This is being followed up.

**Chart 4: Children/Young People with 4 Previous Presentations at GP at time of Referral**



For all 12 children and young people in this data set we have been able to collect follow up data from GP's.

**Chart 4: Children/Young People with 5 or more Previous Presentations at GP at time of Referral**



There is an additional 1 child/young person where we have not been given follow up data by the practice. This is being followed up.

**Analysis of Data**

Analysis of the data provided in the report at this stage suggests that a referral to the Family Wellbeing Service has a positive impact on the incidence of children/young people requiring further support from their GP.

Table 2 provides an overview of the numbers of children/young people who have not needed to return to their GP within six months post referral to Family Wellbeing Service.

<b>Number of Presentations to GP prior to Referral to Family Wellbeing Service</b>	<b>Number of Children/Young People who have not re-presented</b>	<b>% of Total</b>
1	79 of 106	72%
2	15 of 28	53%
3	6 of 9	67%
4	8 of 12	67%
5 or more	2 of 4	50%

This table highlights that we have met or exceeded the 50% reduction in repeat presentations to GPs against all baseline measures.

Excluding the 6 children/young people who we don't have data for, as outlined above, the data shows that across all baseline measurements 69% of the 159 children/young people referred during this period have not returned to their GP.

For those children/young people who have returned to their GP a number of times following their referral to Family Wellbeing Service there are clear reasons to support this data.

The Family Wellbeing Service is not a clinical or medical service and for some families there are times when they have returned to their GP for additional support from their GP. Many of our families describe having a positive relationship with their GP and we are aware that for some families in the moment of distress they do contact their GP for additional support.

During this reporting period we have been living with the impact of lockdown and a global pandemic. The children, young people and families we support in the service all experience emotional distress, including anxiety and low mood. Life has been particularly difficult for many of our families during this time and for some families they have sought additional help from their GP themselves; we have encouraged some families to seek further support from their GP and of course when required we also connect with GP's to ensure effective, joined up working across services.

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