



East Renfrewshire Culture & Leisure has teamed up with East Renfrewshire Council and ParentClub.scot to offer a host of free Aqua Fun Run and Gym sessions for young people across their leisure facilities over the summer holidays! Pre-booking of these sessions is essential and full details of the sessions are listed below.

### **What's on:**

**Aqua run fun Sessions** - Our Aqua Run is an inflatable course set out in our pools. You'll climb, slide, jump, and run throughout this awesome floating obstacle course.

**Get into Summer gym** - Our Teen Gym Sessions (14-17 year olds) are a great way to introduce you and your friends to exercising in a gym environment. Our friendly Fitness Instructors will be on hand to help show you our equipment.

### **How to book:**

- If your child already has an account with us, please still follow the registration process. You will be asked to log-in and confirm a Get into Summer membership.
- Please note, we have a different booking process depending on the age of your child.
- All swimmers must be able to swim 50m unaided.

### **Booking for 8-11 year old's:**

To register your child for online booking click here <https://forms.office.com/r/41vxjhPjvZ>  
Please follow the on screen instructions and fill out the registration form. Our team will need to review the registration information and will respond as soon as the account is set up.

- Once registered – Please follow the on screen instructions and select your child's membership for the free activity here: <https://leisure.ercultureandleisure.org/Connect/mrmlogin.aspx>
- When you log in, select your chosen venue *e.g. 'Barrhead Foundry'* then click on 'Make A Booking', You will see the GET INTO SUMMER AQUA RUN tab select this and aqua run session will be listed. Follow the on screen instructions to book.
- Pre-booking is essential

### **Booking for 12+ year olds:**

To register your child for online booking click here:  
<https://leisure.ercultureandleisure.org/JoinAtHome>  
Please follow the on screen instructions & fill out the registration form.

- Once registered – Please follow the on screen instructions and select your child's membership for the free activity here: <https://leisure.ercultureandleisure.org/Connect/mrmlogin.aspx>
- Please note if you wish to register for more than one activity type, you must repeat this process (ie for both Aqua Run and Teen Gym Sessions)

- When you log in, select your chosen venue e.g. 'Barrhead Foundry' then click on 'Make A Booking', You will see GET INTO SUMMER AQUA RUN/ GET INTO SUMMER GYM 14-17 tab select which you want to attend then sessions will then be listed (ie Aqua Run, Gym Session). Follow the on screen instructions to book.
- Pre-booking is essential – Aqua Run Fun Sessions (12 – 14 year olds) Teen Gym sessions (14 – 17 year olds)
- You must complete and return our health statement online before your child can participate in gym sessions. We will send you this form after you have registered (this may take up to 24 hours).

Alternatively, please call one of our centres:

		Lines open:
Barrhead Foundry	Tel: 0141 580 1174	Mon to Fri: 7am – 1pm & 3pm – 8.30pm Sat and Sun: 7am – 4.30pm
Eastwood Park Leisure	Tel: 0141 577 4956	Mon to Fri: 9am – 6pm
Neilston Leisure Centre	Tel: 0141 577 4811	Mon to Fri: 8am – 12pm & 4pm – 8pm Sat and Sun: 9am – 3pm

Please note, we are currently receiving a high volume of customer queries. We do aim to respond to all queries but may take longer than usual to respond. If for some reason your call is not answered please use the voicemail to leave a message with your name and contact number and one of our staff members will return your call.

If you have any questions or queries please email: [marketing@ercultureandleisure.org](mailto:marketing@ercultureandleisure.org)