

MAT STANDARDS IMPLEMENTATION PLAN

This MAT Standards Implementation Plan has been produced to set out actions being taken in the Integration Authority area:

East Renfrewshire

The lead officer/postholder nominated to ensure delivery of this Implementation Plan is:

Name	Position/Job Title
Tom Kelly	Head of Learning Disability, Mental Health and Recovery, East Renfrewshire Health and Social Care Partnership

This Plan is intended to ensure that services in the Integration Authority area are meeting the standards and the respective criteria for each standard as set out in the Drug Deaths Taskforce report: Medication Assisted Treatment standards: access, choice, support published in May 2021.

This Plan has been developed by partners and has taken account of the voices of lived and living experience. The Governance arrangements for local oversight of progress against this Plan, including the role of lived and living experience in this is as follows:

<p><i>(Summary of governance arrangements for local oversight)</i></p> <p>A local MAT Implementation Working Group, meeting fortnightly to ensure a rapid pace of implementation, is in place to develop the action plan, carry out implementation and report on progress and ensure the plan reflects lived experience feedback, including peer research.</p> <p>East Renfrewshire Alcohol and Drugs Partnership (ADP) will have oversight of implementation progress through six monthly reports. East Renfrewshire Lived Experience Panel are members of the ADP and have pre-meetings with the Chair to discuss agendas and any issues they wish to raise. In addition to this, the Panel engage with key services to increase their understanding of service provision and discuss areas for improvement.</p> <p>A Boardwide Implementation Steering Group (ISG) has been established to ensure a co-ordinated approach to implementation, and to oversee development of an Implementation Plan to include strategic Boardwide actions needed to implement the 10</p>
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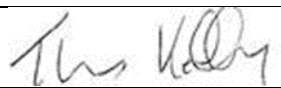

standards, a financial framework, and progress monitoring requirements. The ISG is chaired by the Associate Medical Director for ADRS, and receives progress reports from each HSCP area, the Boardwide MAT Substitute Prescribing Management Group (SPMG) and the Boardwide Psychological Therapies Group. The ISG has developed a Risk Register to highlight the areas of risk which are shared across all areas and the mitigations in place.

A Boardwide ADP Forum has also been established to share learning and effective practice, and ensure consistency as far as is practical across GGC.

Six monthly reporting to East Renfrewshire Chief Officer's Public Protection Group.

Quarterly reporting to NHS Greater Glasgow and Clyde Health Board.

This Plan has been signed off on behalf of the delivery partners by:

Name	Position	Delivery Partner	Date signed	Signature
Julie Murray	Chair of Alcohol and Drugs Partnership and Chief Officer of Health and Social Care Partnership	East Renfrewshire ADP / East Renfrewshire HSCP	22.09.2022	
Tom Kelly	Head of Learning Disability, Mental Health and Recovery	East Renfrewshire HSCP	22.09.2022	
Jane Grant	Chief Executive	NHS Greater Glasgow and Clyde		
Lorraine McMillan	Chief Executive	East Renfrewshire Council	17.10.2022	

MAT Standard 1	All people accessing services have the option to start MAT from the same day of presentation.	This means that instead of waiting for days, weeks or months to get on a medication like methadone or buprenorphine, a person with opioid dependence can have the choice to begin medication on the day they ask for help.
April 2022 RAG status		
AMBER		
Actions/deliverables to implement standard 1		Timescales to complete
Review East Renfrewshire Peer Research Study of Experiences of Opiate Substitution Treatment to inform the design of MAT rapid access.		COMPLETE
Implementation of Standing Operating Procedure and Care Pathway in April 2022 across all roles (from business support, to frontline to prescribing staff) which reflects MAT Standards approach and in particular to support rapid access to treatment		COMPLETE
Implement robust recording system for all new MAT starts to ensure data on progress is captured		COMPLETE
Publicise updated referral pathways and information on provision of Medication Assisted Treatment and Standards – online and service leaflets		COMPLETE
Implement transportation budget to further remove barriers to access		COMPLETE
Ensure sufficient process evidence in place to demonstrate progress		COMPLETE
Ensure sufficient numerical evidence to demonstrate progress		COMPLETE
Ensure sufficient experiential evidence to demonstrate progress.		End March 2023
Publicity and promotion in place across communities, GP Forum and practices, pharmacies, range of local services, HSCP meetings and online to encourage access, commenced in April 2022		Complete and ongoing
Progress recruitment and induction of key additional roles to increase workforce by 3.6FTE to support implementation and offer same day treatment 5 days per week: <ul style="list-style-type: none"> - full time Pharmacy Independent Prescriber – in post - Full time healthcare assistant – in post - 0.5FTE Data Analyst – in post - 0.5FTE administrative assistant – recruited, pending start date - 0.6FTE band 5 nurse – recruitment in progress 		January 2023
Health Board MAT / SPMG group to update clinical guidelines to include long-acting injectable buprenorphine (health board action)		End March 2023

Test models and scale up provision for accessible community based same day access to MAT across the whole of East Renfrewshire to further remove barriers to access, working with lived experience networks to identify barriers and solutions	End March 2023
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MAT Standard 2	All people are supported to make an informed choice on what medication to use for MAT and the appropriate dose.	People will decide which medication they would like to be prescribed and the most suitable dose options after a discussion with their worker about the effects and side-effects. People will be able to change their decision as circumstances change. There should also be a discussion about dispensing arrangements and this should be reviewed regularly.
April 2022 RAG status AMBER		
Actions/deliverables to implement standard 2		Timescales to complete
Continue to offer long acting injectable buprenorphine through established Buvidal clinics		COMPLETE
Implement Greater Glasgow and Clyde Boardwide Buvidal Standard Operating Procedure		COMPLETE
Update service leaflets and welcome pack to outline medication choice		COMPLETE
Ensure sufficient process evidence in place to demonstrate progress		COMPLETE
Ensure sufficient numerical evidence to demonstrate progress		COMPLETE
Ensure sufficient experiential evidence to demonstrate progress.		End March 2023
Health Board MAT / SPMG group to update clinical guidelines to include long-acting injectable buprenorphine (Health Board level action for NHS Greater Glasgow and Clyde)		End March 2023
Secure Home Office Licence to enable all formulations to be stored and prescribed within the Community Addictions Service		End March 2023

MAT Standard 3	All people at high risk of drug-related harm are proactively identified and offered support to commence or continue MAT.	If a person is thought to be at high risk because of their drug use, then workers from substance use services will contact the person and offer support including MAT.
April 2022 RAG status AMBER		
Actions/deliverables to implement standard 3		Timescales to complete
Ensure sufficient process evidence in place to demonstrate progress		COMPLETE
Ensure sufficient numerical evidence to demonstrate progress		COMPLETE
Ensure sufficient experiential evidence to demonstrate progress.		End March 2023
Work with Turning Point and neighbouring ADPs in test of change to deliver a near fatal overdose response service jointly across East Renfrewshire, Renfrewshire, Inverclyde, East and West Dunbartonshire areas, including evaluation		February 2023
Work with partner ADPs on commissioning / procurement of a near fatal overdose response service, based on evaluation of current test of change, working with lived experience networks across areas to design the service specification and informed by the final evaluation of test of change including supported people feedback,		August 2023
Develop and implement an Assertive Outreach Strategy within Community Addictions Services, engaging with current and previous service users to influence the pathway and consulting with lived experience networks on the draft prior to implementation		End March 2023
Deliver and evaluate a test of change peer navigators service, funded by Corra Foundation / Drugs Death Task Force in terms of effectiveness of workers with lived experience delivering outreach and supporting people to remain in treatment. As we develop the test of change it is anticipated this service will contribute to delivery across the ten standards.		June 2023

MAT Standard 4	All people are offered evidence-based harm reduction at the point of MAT delivery.	While a person is in treatment and prescribed medication, they are still able to access harm reduction services – for example, needles and syringes, BBV testing, injecting risk assessments, wound care and naloxone. They would be able to receive these from a range of providers including their treatment service, and this would not affect their treatment or prescription.
April 2022 RAG status AMBER		
Actions/deliverables to implement standard 4		Timescales to complete
Work in partnership with Turning Point Scotland and other key stakeholders, including lived experience networks, to implement the WAND harm reduction outreach service in East Renfrewshire including arrangements for reporting of process, numerical and experiential data		January 2023
Explore arrangements for provision of IEP equipment in CAT beyond the existing Board wide provision in pharmacies		End March 2023
Enhance Naloxone distribution within teams and across communities through Peer Naloxone, Community Addictions Service provision and wider partners		End March 2023

MAT Standard 5	All people will receive support to remain in treatment for as long as requested.	A person is given support to stay in treatment for as long as they like and at key transition times such as leaving hospital or prison. People are not put out of treatment. There should be no unplanned discharges. When people do wish to leave treatment they can discuss this with the service, and the service will provide support to ensure people leave treatment safely. Treatment services value the treatment they provide to all the people who are in their care. People will be supported to stay in treatment especially at times when things are difficult for them.
April 2022 RAG status AMBER		
Actions/deliverables to implement standard 5		Timescales to complete
Update and implement Community Addictions Service Care Pathway and Standard Operating Procedure to support remaining in treatment as long as requested		COMPLETE
Ensure safe plans for individuals wishing to leave treatment and reassurance of rapid access for return if required.		COMPLETE
Ensure sufficient process evidence in place to demonstrate progress		COMPLETE
Ensure sufficient numerical evidence to demonstrate progress		COMPLETE
Ensure sufficient experiential evidence to demonstrate progress.		End March 2023
Design and implement a multi-agency approach to supporting people to remain in treatment, including peer workers, overdose response and addictions service outreach and DNA pathway.		End March 2023

MAT Standard 6	The system that provides MAT is psychologically informed (tier 1); routinely delivers evidence-based low intensity psychosocial interventions (tier 2); and supports individuals to grow social networks.	This standard focuses on the key role that positive relationships and social connection have to play in people's recovery. Services recognise that for many people, substances have been used as a way to cope with difficult emotions and issues from the past. Services will aim to support people to develop positive relationships and new ways of coping as these are just as important as having the right medication.
Current RAG status AMBER		
Actions/deliverables to implement standard 6		Timescales to complete
Community Addictions Team staff share with all individuals all possible substance use PT strategies including PT and psycho-social interventions to ensure a holistic approach.		COMPLETE
Greater Glasgow and Clyde Psychological Therapies Strategy Group developed a work plan to coordinate services approaches and meet their obligations under the MAT standard 6 (and 10)		COMPLETE
Enhance support and training for psychologically informed treatment and trauma-informed care		September 2023
Work with lived experience panel, volunteers and groups to support and develop the wider recovery community in East Renfrewshire		End March 2024

MAT Standard 7	All people have the option of MAT shared with Primary Care.	People who choose to will be able to receive medication or support through primary care providers. These may include GPs and community pharmacy. Care provided would depend on the GP or community pharmacist as well as the specialist treatment service.
Current RAG status RED		
Actions/deliverables to implement standard 7		Timescales to complete
Engage with GPs to continue to develop a shared care model with primary care, guided by the NHS Greater Glasgow and Clyde health board approach		End March 2024
There is ongoing national work to scope out the contractual arrangements, resources and actions required to implement the MAT standards across the primary care setting.		End March 2024

MAT Standard 8	All people have access to independent advocacy and support for housing, welfare and income needs.	People have the right to ask for a worker who will support them with any help they need with housing, welfare or income. This worker will support people when using services, make sure they get what best suits them and that they are treated fairly.
Current RAG status AMBER		
Actions/deliverables to implement standard 8		Timescales to complete
Continue rights based advocacy support to people in treatment by commissioned dedicated advocacy input, promoted in service documentation and welcome pack and throughout treatment and monitor take-up		COMPLETE
Continue to refer individuals to Money Advice and Rights Team (MART) and housing/homelessness		COMPLETE
As part of test of change, evaluate effectiveness of peer navigators supports to access additional services (Inc. money advice, employability and housing) and how effectively needs are met		June 2023

MAT Standard 9	All people with co-occurring drug use and mental health difficulties can receive mental health care at the point of MAT delivery.	People have the right to ask for support with mental health problems and to engage in mental health treatment while being supported as part of their drug treatment and care.
Current RAG status AMBER		
Actions/deliverables to implement standard 9		Timescales to complete
Community Addictions Team is a multi-disciplinary team which includes Registered Mental Health Nurses (RMNs), Psychiatry, Psychologists, Social Work and Peer Support and has established pathways for all individuals known to the service.		COMPLETE
The interface between ADRS and mental health services is being updated, with training and awareness raising programme being planned to improve communications and joint working across both care sectors		End March 2024

MAT Standard 10	All people receive trauma informed care.	<p>The treatment service people use recognises that many people who use their service may have experienced trauma, and that this may continue to impact on them in various ways.</p> <p>The services available and the people who work there, will respond in a way that supports people to access, and remain in, services for as long as they need to, in order to get the most from treatment. They will also offer people the kind of relationship that promotes recovery, does not cause further trauma or harm, and builds resilience.</p>
Current RAG status AMBER		
Actions/deliverables to implement standard 10		Timescales to complete
Greater Glasgow and Clyde Psychological Therapies Strategy Group developed a work plan to coordinate services approaches and meet their obligations under the MAT standard 10 (and 6)		COMPLETE
Multi-agency participation in REACH advocacy human rights based workshops on MAT		December 2022
Roll out of East Renfrewshire HSCP-wide trauma approach with HSCP staff trained within teams to roll out trauma training across organisation including addictions		March 2024