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| Meeting of East Renfrewshire Health and Social Care Partnership | Performance and Audit Committee |
| Held on | 26 June 2023 |
| Agenda Item | 10 |
| Title | Specialist Learning Disability In Patients Performance Report 2022/23 |
| <p>Summary</p> <p>The purpose of this paper is to provide data on the performance of Specialist Learning Disability Inpatient Services with a particular focus on Admission and Discharge activity throughout 2022/23. The aim is to ensure visibility of the key issues for patients as well as highlighting areas for improvement.</p> | |
| Presented by | Tom Kelly, Head of Adult Services - Learning Disability and Recovery |
| <p>Action Required</p> <p>Members of the Performance and Audit Committee are asked to note and comment on the report.</p> | |

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EAST RENFREWSHIRE INTEGRATION JOINT BOARD

PERFORMANCE AND AUDIT COMMITTEE

26 June 2023

Report by Chief Officer

SPECIALIST LEARNING DISABILITY INPATIENT SERVICES PERFORMANCE REPORT

PURPOSE OF REPORT

1. The purpose of this paper is to provide data on the performance of Specialist Learning Disability Inpatient Services with a particular focus on Admission and Discharge activity throughout 2022/23. The aim is to ensure visibility of the key issues for patients as well as highlighting areas for improvement.

RECOMMENDATION

2. Performance and Audit Committee are asked to note and comment on the report.

BACKGROUND

3. The vision for learning disability inpatient services:
'We believe that people with learning disabilities should be given the right support so that they can live fulfilling lives in the community. This support should always be person centred, preventative, flexible and responsive. People should only be admitted to inpatient assessment and treatment services when there is a clear clinical need which will benefit from hospital based therapeutic intervention. Challenging behaviour, with no identified clinical need, is not an appropriate reason to admit people to inpatient assessment and treatment services.'
4. This report focuses on activity relating to our Assessment and Treatment Services (Blythswood House and Claythorn House) which has 27 beds across the two sites. The service is available to people with a learning disability residing in 9 Health and Social care Partnerships, 6 of which are within the NHS Greater Glasgow and Clyde boundary and 3 of which are provided via service level agreements in areas outwith NHS GGC.
5. The data in this report has been collected from our bed management system, EMIS and TrakCare. There are some limitations in the data provided due to patients admitted in the previous years but not yet discharged being included in this report.

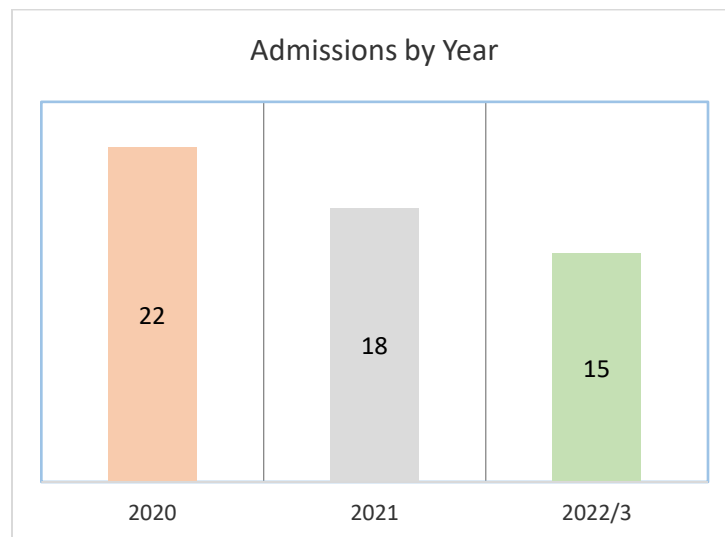
REPORT

Key Messages

6. The service continued to operate fully throughout various infection control measures in the recovery phases of COVID. Often resulting in intermittent closures to admissions and disruption including challenging absence levels similar to those experienced by the wider health and social care system.
7. In the previous year beds were mainly occupied by people who were admitted due to mental illness (58%). This year that figure dropped to 50% indicating an increase in admissions as a result of challenging behaviour which is not in keeping with the service vision.
8. Delayed discharge continued to create significant issues, with a number of patients having no discharge plan for a significant period of time nor a home to return to. The reasons for delay were due to no suitable accommodation and/or no providers in place and/or providers in place having real difficulty with recruitment which continues to affect current patients.
9. People are still more likely to be discharged within a reasonable timescale if their primary reason for admission is due to mental ill health.
10. There has been an increase in the number of admissions for young males.

Overview of Activity in 2022/23

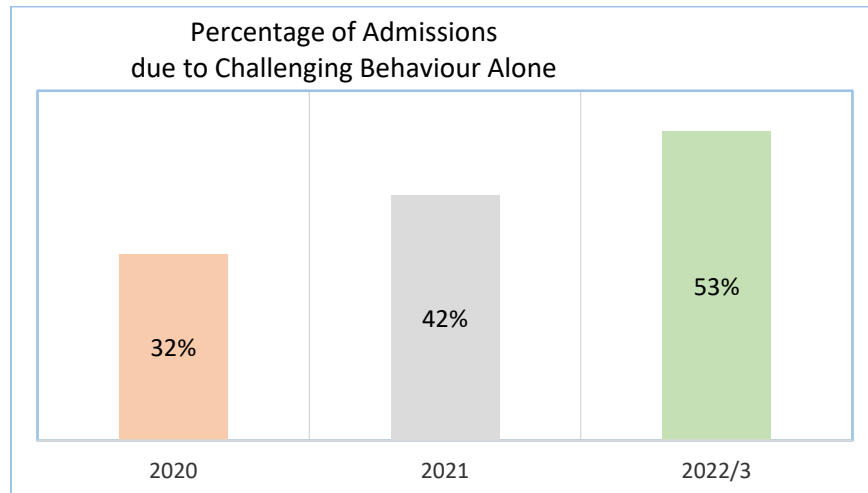
Admissions



11. In total 15 people were admitted in 2022/23. This is a reduction of 3 from the previous year and relates directly to a smaller number of discharges and increasing lengths of stay / delays. However more people were admitted than discharged due to the use of a contingency bed in Claythorn.

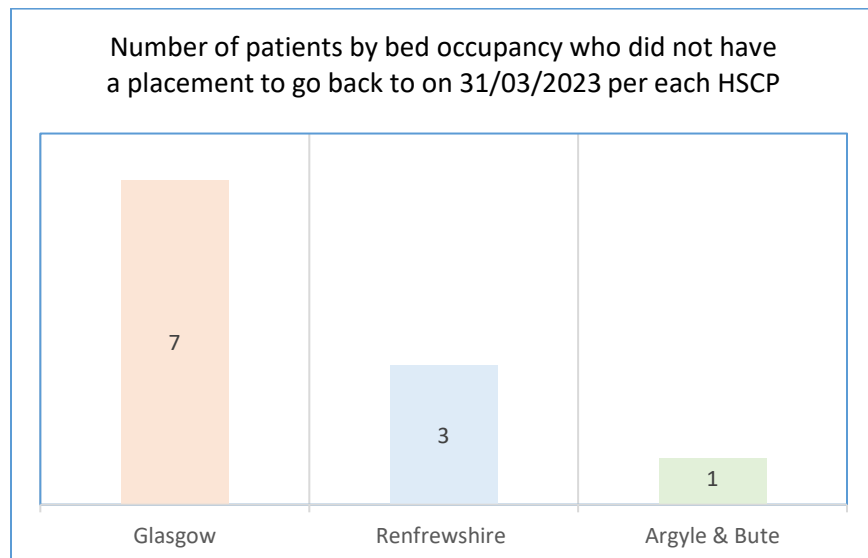
12. Of the total numbers of referrals received, 10 patients were admitted directly to the service (76%), the remaining people were initially admitted to general adult mental health and later transferred.

Reason for Admissions

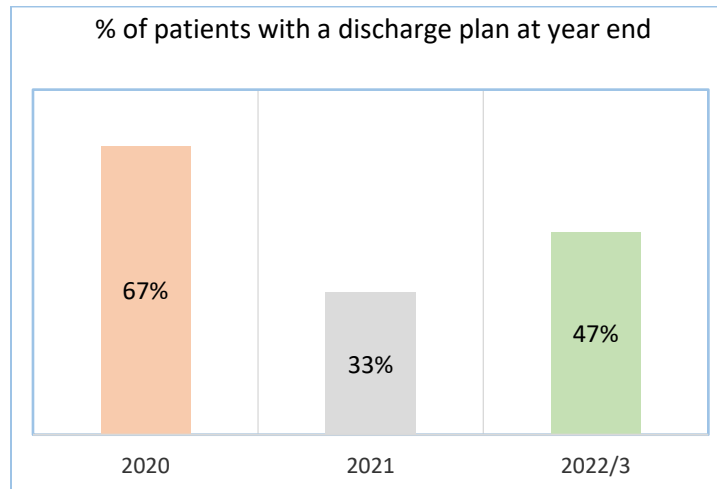


13. There was an increase in admissions due to challenging behaviour alone from previous years (53% compared to 42% in 2021). This is largely proving to be as a result of instability in community supports for a variety of reasons with staffing being a major concern.

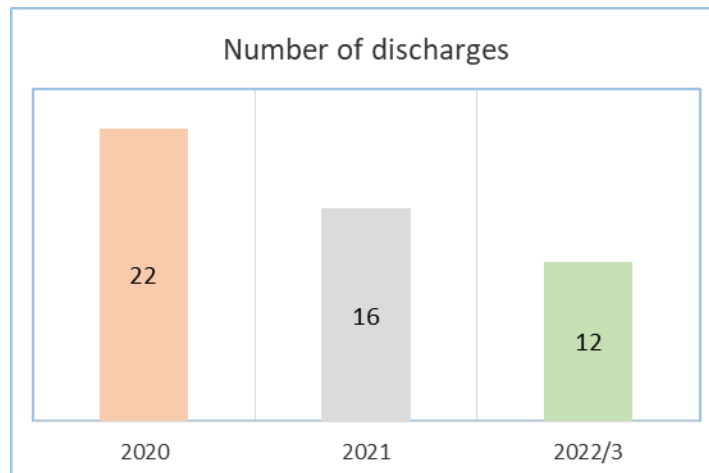
Number of patients without a placement



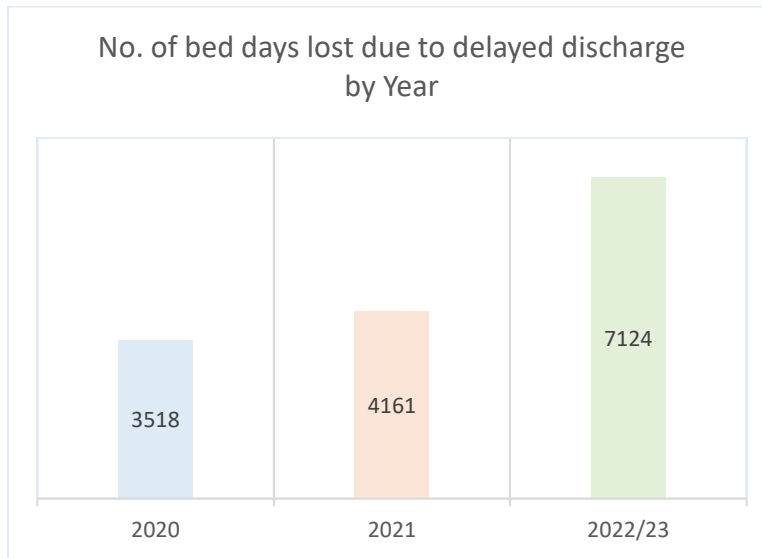
14. 11 inpatients on the 31/03/2023 did not have a discharge plan / community placement. This significantly reduces the ability of the service to successfully manage patient flow.

Patients with a discharge plan

15. Only 47% of inpatients had a discharge plan on the 31/03/2023. This was a significant reduction in the number from the previous years of 67%. Some patients have been waiting a long and unacceptable time for discharge. One patient has been waiting to move out of learning disability hospital provision since March 2019.

Number of discharges

16. 12 patients were discharged in 2022/23 and sadly 2 people died while in our care. Discharges compared with previous years was 16 discharges in 2021 and 22 in 2020. One person discharged was re-admitted in the same year (2021) as a result of placement breakdown. The average length of stay for those patients discharged was 240 days if the person had a home to return to, if a new home and support is required the average is 2072 days (5.6) years.

Bed days lost

17. There was a 42% increase in beds days lost due to delayed discharge from 2021 to 2022/23.

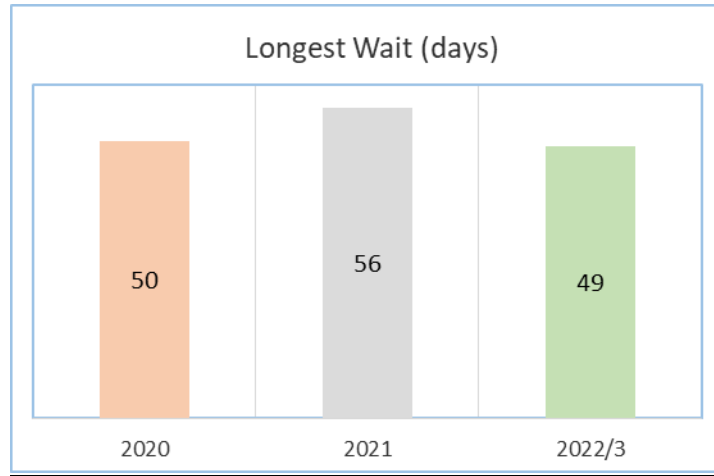
HSCP Activity in 22/23

| HSCP | Total Referrals | 2022/23 Admissions | 2022/23 Discharges |
|---------------------|-----------------|--------------------|--------------------|
| Argyll & Bute | 0 | 0 | 0 |
| East Dunbartonshire | 2 | 0 | 0 |
| East Renfrewshire | 3 | 1 | 1 |
| Glasgow | 24 | 9 | 6 |
| Inverclyde | 4 | 1 | 3 |
| Lanarkshire | 0 | 0 | 0 |
| Renfrewshire | 5 | 4 | 4 |
| West Dunbartonshire | 0 | 0 | 2 |
| Total | 21 | 15 | 16 |

Bed days lost by HSCP

| HSCP | 2020 | 2021 | 2022/23 |
|---------------------|-------------|-------------|-------------|
| Argyll & Bute | | 0 | 0 |
| East Dunbartonshire | | 0 | 0 |
| East Renfrewshire | | 28 | 0 |
| Glasgow | | 2100 | 6293 |
| Inverclyde | | 362 | 0 |
| Lanarkshire | | 0 | 0 |
| Renfrewshire | | 1091 | 831 |
| West Dunbartonshire | | | 580 |
| Total Days | 3429 | 4161 | 7124 |

Waiting Times



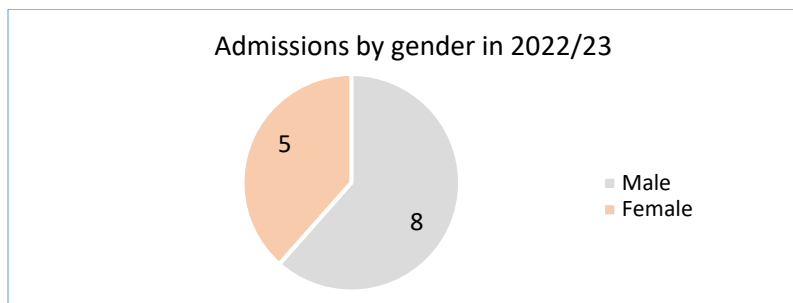
- 18. The longest wait for a bed was 49 days and this patient went first into a mental health bed before being transferred to a Learning Disability bed.
- 19. As a result of continuous occupancy, the service is often unable to directly admit people requiring specialist learning disability assessment and treatment.
- 20. A group of people were removed from the waiting list as admission was no longer required or an alternative had been established.

Mental Health Adult Services Admissions (with no LD bed transfer)

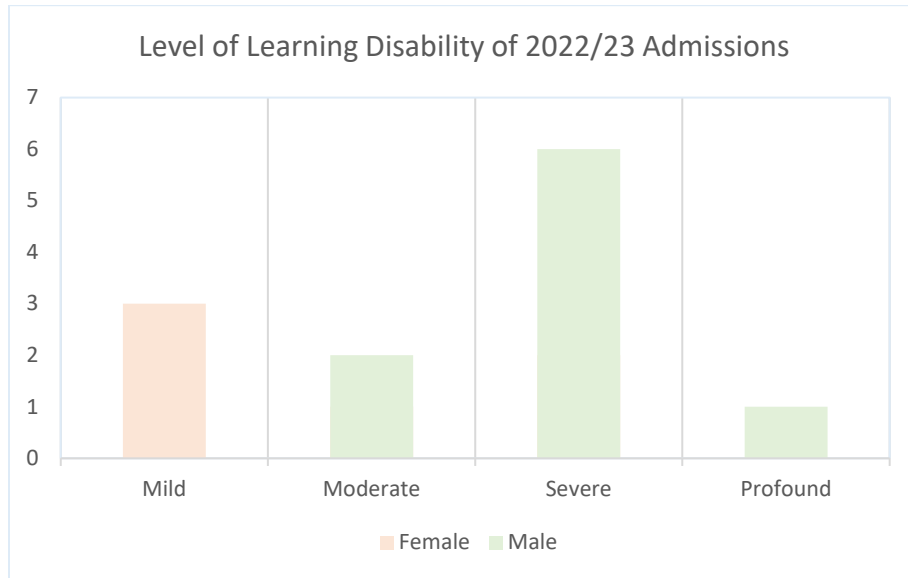
- 21. The LD service is aware of at least 10 patients with LD that were admitted to a mental health bed during 2022/23 that were then not transferred to a learning disability bed, and remained in a MH bed throughout their inpatient stay.
- 22. An additional 6 patients were discharged from mental health prior to transfer to LD bed.

Gender

- 23. There were slightly more male admissions in 2022/23 compared to females. This is different to 2021 when we had an increase in female admissions.
- 24. There has been a reduction in female admissions for challenging behaviour from 6 in 2021 to 0 in 2022/23. With an increase of 3 in males admitted for challenging behaviour.

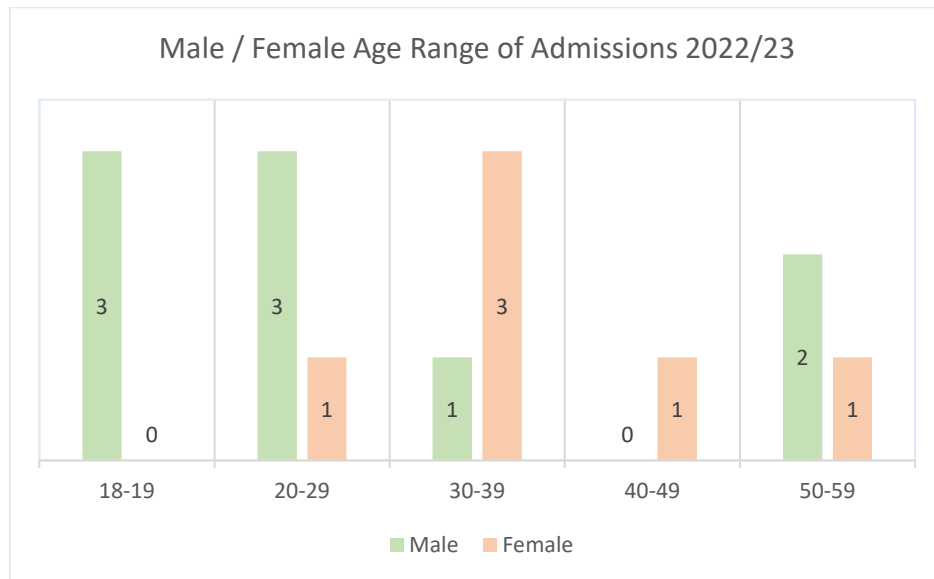


Level of learning disability



25. The level of learning disability was predominantly males with severe learning disability followed by mild for those people admitted in 2022/23. Only 2 people had a moderate learning disability and one person a profound learning disability.

Age range of patients admitted in 2022/23



26. There has been an increase in admissions of 18 year old male patients, 3 were admitted in 2022/23. Most patients admitted were in the age range of 18-39 with an average age of 33yrs but the service also admitted young men and older people up to the age of 59.

CONCLUSIONS

27. NHS GGC HSCPs had committed to working together in 2019 to take forward a programme of redesign of inpatient services, the emphasis being on improving our responses in the community to reduce the use of inpatient beds when not clinically required. We had highlighted a need to review and improve performance in delayed discharge and have worked positively with Scottish Government to shape the original 'Coming Home' report in 2018 – this led to the publication of the recent 'Coming Home Implementation' 2022 report.
28. Alongside this, the allocation of the Community Living Change Fund aligns to NHS GGC ambitions to redesign services for people with complex needs including learning disabilities and autism, and for people who have enduring mental health problems. East Renfrewshire is leading on this work and have established a programme board which will provide strategic leadership and governance and direct the work of the community and inpatient redesign going forward. Avoiding admission and preventing placement breakdown is a key priority to addressing delayed discharges.
29. Performance has deteriorated across 2022/23 with fewer discharges and higher delays negatively impacting on our ability to admit directly to the LD service when this is appropriate.
30. HSCPs and third sector organisations report significant challenges in provider recruitment, staff retention, we are seeing the negative outcomes of in terms of discharge activity.
31. We are also seeing instability in community supports for similar reasons including turnover of staff having a negative impact where consistency in care and support is essential.
32. We have developed a multi-agency collaborative group, including all HSCPs, Commissioning, Third Sector and Housing colleagues. This has a delayed discharge work stream chaired by a third sector Chief Executive, the aim of this group is to encourage and influence different practice which may address some of the historical and more recent difficulties.
33. East Renfrewshire has also led on the Scottish Governments Implementation group with the Head of Service chairing the Dynamic Support Register sub group which will result in a nationally agreed pathway based on early intervention to avoid admission. This has been agreed by COSLA and Government and is to be launched to all Boards / HSCPs in May 2023.
34. As part of the inpatient redesign we are exploring alternatives to inappropriate admission and in 2022/23 the inpatient service provided day support as an alternative to admission. Due to the provider challenges the provider was unable to maintain this leading to full admissions.
35. We have developed a community and inpatient redesign group, chaired by inpatient and community colleagues. The aim of this group is to focus on local developments within the HSCPs developing enhanced community responses and identifying the impact local

developments will have on the inpatient redesign, take forward bed closure and alternatives to admission and the closure of our long stay unit.

RECOMMENDATIONS

36. Members of the Performance and Audit Committee are asked to note and comment on the report.

REPORT AUTHOR AND PERSON TO CONTACT

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June 2023

Chief Officer, IJB: Julie Murray

BACKGROUND PAPERS

22.06.2022: PAC Paper: Specialist Learning Disability Services Performance

18.03.2020: PAC Paper Specialist Learning Disability Services Performance

20.03.2019: PAC Paper: Performance Report – Specialist Learning Disability Service